Sanct Bernhard

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Organic Aronia Berries

Dried

Good to know:

Organic aronia berries – for the extra portion of fibre with the unique flavour!

These pure, dried organic aronia berries (*Aronia melanocarpa*), which are also called black chokeberries, are about the size of blueberries and have a fine-tart and slightly sour flavour. Their properties make them an ideal, healthy addition to cereals and yoghurts. They refine baked items and also taste fabulous on their own. You, too, are bound to be impressed by these little berries!

- Naturally high in fibre
- No added sugar (contains natural sugar)
- Slightly fruity and tart flavour

Ingredients: 100 % aronia berries from controlled organic cultivation.

| Average nutritional values | per 100 g |
|----------------------------------|------------------|
| Calorific value | 1118 kJ/264 kcal |
| Fat | 1.5 g |
| - of which saturated fatty acids | 0.3 g |
| Carbohydrate | 60 g |
| of which sugars | 28 g |
| Dietary fibres | 19 g |
| Protein | 2.5 g |
| Salt | < 0,1 g |





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Close properly and store in a dry place.

Contents 500 g

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