

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Hearty Potato Soup

Just like grandma's! In this full-bodied and delicious potato soup, 70 % potatoes together with onions, carrots, parsley, celery and fine spices provide the unmistakable savoury flavour. Wonderful as a starter or wholesome meal, but also great for binding stews, lentil dishes, mashed potatoes or as a base for other vegetable soups such as leek, broccoli or cauliflower soup. Very quick and simple preparation! If you want, you can add other ingredients to this hearty potato soup, such as fresh herbs, some bacon, sausage or crispy fresh bread, which can be used as croutons. Simply tasty!

- With 70 % potato
- Vegan, lactose-free, gluten-free
- Without meat extracts and animal purines
- Without artificial and nature-identical flavourings

Ingredients: Potato Flakes (70 %), Sea Salt, Palm Fat, Onion Powder, flavour enhancer Monosodium Glutamate*, Granular Broth (seasoning (contains **Soya**), Palm Fat, Table Salt), Dextrose, Carrots, Spices (contain **Celery**), Parsely Spice Extracts. *Production basis: natural foods, e.g. Sugar Beet, Corn.

Average nutritional values per 100 ml of prepared soup:	
Calorific content	87 kJ/21 kcal
Fat	0.4 g
- of which saturated fatty acids	0.3 g
Carbohydrates	3.5 g
- of which sugars	0.3 g
Dietary fibres	0.4 g
Protein	0.6 g
Salt	0.6 g

Preparation: Sprinkle approx. 2 heaped tablespoons (30 g powder) into ½ litre lukewarm water, bring to a boil and stirready! Extra tip: If you want, you can substitute some or all of the water with milk or refine it with crème fraîche, cream, parsley or chervil, fried onions, bacon cubes, cheese, bread or sausages.

Store in a cool, dry place.

Made in Germany

Contents 600 g produces 10.0 litres = 40 bowls of soup

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