



Coconut Oil Capsules

Nutritional supplement

Useful information:

Coconut oil not only tastes nice, it is an extremely precious food as an excellent source of medium-chain fatty acids. The high content of lauric acid is especially striking. Our coconut oil is gained from purely mechanical pressing the fruit of ripe coconuts from controlled organic cultivation. This preserves the valuable ingredients particularly well. The dosage form as soft gelatine capsules provides a simple, convenient and also regular nutritional supplement with this premium natural product.

Each capsule contains 500 mg pure organic coconut oil.

Ingredients:

Organic Coconut Oil (74 %)*, Gelatine, Humectant Glycerin.

* from controlled organic cultivation. DE-ÖKO-001

80 % of ingredients from an agricultural origin have been obtained according to the basic regulations for ecological cultivation.

	per capsule	per daily dose (= 4 capsules)	per 100 g capsules
Organic coconut oil	500 mg	2000 mg	72 g
of which fat	500 mg	2000 mg	72 g
saturated fatty acids	455 mg	1820 mg	66 g
of which lauric acid	240 mg	960 mg	35 g
unsaturated fatty acids	45 mg	180 mg	7 g
of which unsaturated fatty acids	35 mg	140 mg	5 g
polyunsaturated fatty acids	10 mg	40 mg	1 g

Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 not available.

Recommended dose: Swallow 2 tablets 1-2 times per day at meal times with enough liquid.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 240 capsules = 161 g

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