



Lecithin Tablets

Nutritional supplement

Useful information:

Soya lecithin is particularly rich in high quality phospholipids, commonly referred to as lecithins, which is very important for the human organism. For example, lecithins are contained in every cell of the body as functional components of the biological membranes.

Ingredients:

Soya Lecithin (44 %), Magnesium Carbonate (bulking agent), Magnesium Stearate (separating agent), Corn Starch and Sodium-Carboxymethylcellulose (bulking agents; Silicon Dioxide (separating agents).

Each table contains 300 mg pure soya lecithin.

	per tablet	per daily dose (= 9 tablets)	per 100 g tablets
Soya Lecithin	300 mg	2700 mg	44 g
of which phospholipids	291 mg	2619 mg	43 g

Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 not available.

Recommended use:

Swallow 3 tablets 3 x per day at meal times with enough liquid. Regular use over a longer period is recommended.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 360 tablets = 241 g

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