



## Mannose-Cranberry Drinking Powder

Nutritional supplement with mannose, biotin, vitamin C and B2



### Useful information:

Mannose (D-mannose) is a simple sugar that is closely related to other monosaccharides such as glucose or fructose. Small quantities of mannose are found in nature in many plants, trees and fruits, such as in peaches, apples and apricots, as well as some berries, such as cranberries. The human organism also produces some D-mannose. It acts as an integral part of the membranes and lines the entire inner wall of the urinary tract. Cranberries are bright red relatives of the lingonberry. Alongside their intensive, acidic-bitter taste, the secondary plant compounds contained in them, such as proanthocyanidins (PAC), are particularly appreciated. We have supplemented them with vitamin C, which contributes towards a normal immune system function and protection of the cells against oxidative stress, and biotin and vitamin B2, which support the maintenance of healthy mucous membranes. These functions are also important for the bladder.

### Ingredients:

Mannose (87 %), cranberry concentrate (5.4 %), acidifier citric acid, elderberry juice powder, natural aroma, vitamin C, separating agent silicon dioxide, filler maltodextrin, magnesium hydroxide; vitamin B2, biotin.

### Recommended use:

During the initial phase, mix 8 portion sachets per day with approximately 150 ml cold water each, stir briefly and drink. Depending on requirements, this dosage should be taken for at least one day. After that, we recommend that you enjoy one sachet per day.

Can have a laxative effect when used excessively!

	per sachet	per daily dose (= 8 sachets)	% of NRV recommended daily dose*	per 100 g
Mannose	4000 mg	32000 mg	**	87.0 g
Cranberry concentrate	250 mg	2000 mg	**	5.4 g
of which Proanthocyanidine	3 mg	24 mg	**	0.07 g
Vitamin C	40 mg	320 mg	400	87 mg
Vitamin B2	0.7 mg	5.6 mg	400	20 mg
Biotin	25 µg	200 µg	400	0.54 mg

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

\*\* no reference value available yet

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

**Contents: 30 sachets with 4.6 g each**

**Total weight 138 g**

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