



L-Carnosine Capsules

Nutritional supplement
vegan

Useful information: L-carnosine is an endogenous and 100% natural substance that consists of the amino acids alanine and histidine. In our body, carnosine is mainly found in the muscles, brain, heart, kidneys and liver. The main source in our diet is meat. After absorption in the small intestine, carnosine is transported via the bloodstream to the various regions of the body. Especially in old age and with a low-meat diet, the L-carnosine level in the body decreases.

Ingredients: L-carnosine (83 %), Hydroxypropylmethylcellulose, separating agent Magnesium Stearate.

	per capsule	per daily dose (= 2 capsules)	per 100 g capsules
L-carnosine	500 mg	1000 mg	83 g

Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 not available.

Recommended dose: swallow 1-2 capsules per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 60 capsules = 34 g

Art. No. 861

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