



Magnesium 400 Supra Capsules

Nutritional supplement
High dosage – only 1 daily

Magnesium is an essential mineral substance with diverse functions, amongst others in connection with muscular function, with the preservation of sturdy, healthy bones and teeth, with a healthy energy metabolism and with the reduction of tiredness and fatigue.

Ingredients:

Magnesium oxide, Gelatine, separating agent Magnesium Stearate.



	per capsule (= daily dose)	% of NRV recommended daily dose*	per 100 g capsules
Magnesium	400 mg	107	52 g

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

Recommended use:

Swallow 1 capsule whole daily with plenty of liquid during a meal.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 60 capsules = 44 g

Art. No. 134

Eti1218