



Copper Tablets

Nutritional supplement

Good to know:

Copper is a trace element required by the human body to perform essential functions. Copper contributes towards a normal function of the nervous system and the energy metabolism, a healthy immune system and maintenance of connective tissue. In our food, copper is mainly contained in chocolate, liver, cereal, vegetables and nuts. Copper deficiency is rare in humans but certain illnesses and taking high doses of zinc, iron or molybdenum can lead to lower copper levels in the body.

Ingredients: Microcrystalline Cellulose (bulking agent), Copper Gluconate, Magnesium Stearate (separating agent,) Silicon Dioxide (separating agent)

Each tablet contains 2000 µg copper.

	per tablet (=daily dose)	% of the daily intake according to NRV*	per 100 g tablets
Copper	2000 µg	200	851 mg

*NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Recommended dose: Take 1 tablet per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25° C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of small children. Do not exceed the recommended daily dose.

Made in Germany

Contents 180 tablets = 40 g

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