



## Sabal Pumpkin Nettle Capsules

Nutritional supplement with vitamin C, B2 and zinc

**Useful information:** Saw palmetto fruit (sabal), pumpkin seeds and nettle roots are certainly no longer an "insider tip" - people now know that the extracts obtained from them are particularly appreciated by men of mature age. The supplemented vital substances vitamin C, zinc and vitamin B2 help the body to protect cells from oxidative stress, maintain normal testosterone levels and ensure the healthy functioning of the mucous membranes, which also benefits the sexual organs, bladder and prostate.

**Ingredients:** Dry Extract of Nettle Root 7-9: 1 (24%), Dry Extract of Pumpkin Seed 10: 1 (24%), Gelatine, Sabal Fruit Extract (15%), Corn Starch, Maltodextrin, **Lactose**, release agent Silicon Dioxide, Modified Starch, Vitamin C, Zinc Gluconate, Vitamin B2, release agent Magnesium Stearate.

	per capsule	per daily dose (=3 capsules)	% of NRV recommended daily dose*
Dry extract of nettle root (7-9: 1)	150 mg	450 mg	**
Dry extract of pumpkin seeds (10:1)	150 mg	450 mg	**
Sabal fruit extract	90 mg	270 mg	**
Vitamin C	26.7 mg	80 mg	100
Zinc	2 mg	6 mg	60
Vitamin B2	0.467 mg	1.4 mg	100

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

\*\* no reference value available yet

**Recommended use:** Swallow 1 capsule 3 x daily with sufficient liquid at a mealtime.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Not suitable for pregnant and breastfeeding women, and children and adolescents under 17 years of age. People taking blood-thinning medication (anticoagulants) should consult their doctor before consumption.

Made in Germany

**Contents 180 capsules = 109 g**

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