



## Diabethomol 1 + 2

Nutritional supplement with minerals, vitamins, Coenzyme Q10, EPA and DHA

### Useful information:

Normal blood sugar levels are a major prerequisite for the retention of healthy eyes, nerves, blood vessels and organs. In order to maintain full functionality, high blood sugar values in particular should be avoided after meals. In addition, selected vitamins, micronutrients, antioxidants (selenium, vitamins C and E) and Omega-3 fatty acids can be extremely beneficial. Diabethomol 1+2 contains these nutrients in a specially harmonised composition. Suitable for diabetics.

### Diabethomol 1

- Chrome helps to maintain a normal blood sugar level.
- Selenium, vitamin C and E play a role in protecting the cells against oxidative stress
- Vitamin C and magnesium contribute towards a normal nerve system function and a normal metabolic energy rate
- Vitamin B6 contributes towards a normal protein and glycogen metabolism
- Zinc contributes towards a normal carbohydrate metabolism
- Vitamins B1, B2 and B12 contribute towards a normal metabolic energy rate
- Folate contributes towards a reduction of tiredness and fatigue

### Diabethomol 2

- Docosahexaenoic acid (DHA) contributes towards the retention of normal vision and brain functions
- Eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) contribute towards a normal heart function

The prerequisite for these positive effects is a daily consumption of 250 mg EPA and DHA.

**Suggested use:** Take 3 times daily 1 capsule of each Diabethomol 1 and Diabethomol 2 with sufficient liquid.

**Diabethomol 1 - Ingredients:** filler Corn Starch, Magnesium Oxide, Vitamin C, Taurine, Gelatin, Vitamin E Succinate, release agent Magnesium Stearate, Zinc Sulfate, Coenzyme Q10, Vitamin B6 Hydrochloride, filler Maltodextrin, Vitamin D3, Vitamin B1 Mononitrate, Vitamin B2, Folic Acid, Chromium-III-chloride, Sodium Selenite, Vitamin B12.

**Diabethomol 2 - Ingredients:** Omega-3-Concentrate from Fish Oil, Gelatin, humectant Glycerol, Vitamin E, Sunflower Oil, antioxidant strong Tocopherol containing Extracts.

### Diabethomol 1

	per capsule	per daily dose (= 3 capsules)	% of the recommended daily intake according to NRV*	per 100 g of capsules
Vitamin E (alpha-TE)	60 mg (90 I.U.)	180 mg (270 I.U.)	1500	8 g
Taurine	100 mg	300 mg	**	13 g
Vitamin C	100 mg	300 mg	375	13 g
Magnesium	85 mg	255 mg	68	11 g
Coenzym Q10	10 mg	30 mg	**	1 g
Vitamin B6	5.4 mg	16.2 mg	1157	1 g
Zinc	2.5 mg	7.5 mg	75	0.3 g
Vitamin B2	1.8 mg	5.4 mg	386	0.2 g
Vitamin B1	1.5 mg	4.5 mg	409	0.2 g
Folic acid	200 µg	600 µg	300	26 mg
Chrome	50 µg	150 µg	375	6 mg
Selenium	5 µg	15 µg	27	1 mg
Vitamin B12	6 µg	18 µg	720	1 mg
Vitamin D3	5 µg (200 I.U.)	15 µg (600 I.U.)	300	1 mg

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* No reference value has yet been established



## Diabethomol 2

	per capsule	per daily dose (= 3 capsules)	% of the recommended daily dose according to NRV*	per 100 g of capsules
Omega-3-concentrate from fish oil	650 mg	1950 mg	**	74 g
of which is fat	650 mg	1950 mg	-	74 g
of which saturated fatty acids	26 mg	78 mg	-	3 g
unsaturated fatty acids	624 mg	1872 mg	-	71 g
of which monounsaturated fatty acids	26 mg	78 mg	-	3 g
polyunsaturated fatty acids	598 mg	1794 mg	-	68 g
of which omega 3 fatty acids	488 mg	1464 mg	-	56 g
of which are:			-	
EPA	325 mg	975 mg	-	37 g
DHA	130 mg	390 mg	-	15 g
Vitamin E (alpha-TE)	15 mg (22 I.U.)	45 mg (22 I.U.)	375	1708 mg

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* No reference value has yet been established

Keep out of direct sunlight. Store dry and not above 25°C. Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

**Contents:** Diabethomol 1 contains **90 vitamin/mineral capsules = 68 g**

Diabethomol 2 contains **90 fish oil capsules = 77 g**

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