



## Gelatine „Gold extra“

Nutritional supplement with amino acids

### Good to know:

Gelatin "Gold extra" contains a specially developed collagen hydrolyzate, that is excellently absorbed by the body. The amino acids contained in the collagen hydrolyzate are natural components of skin, hair, nails, bones, connective tissue and joint cartilage. The composition of the amino acids corresponds to the compounds of the collagen in the human articular cartilage. Purine free.

**Ingredients:** Collagen Hydrolysate (90%), Fructose.

	per daily portion (10 g powder)	per 100 g powder
Alanine	0.8 g	8 g
Arginine	0.7 g	7 g
Aspartic acid	0.5 g	5 g
Glutamic acid	0.9 g	9 g
Glycine	2 g	20 g
Histidine	0.1 g	1 g
Hydroxylysine	0.1 g	1 g
Hydroxyproline	1 g	10 g
Isoleucine	0.1 g	1 g
Leucine	0.2 g	2 g
Lysine	0.3 g	3 g
Methionine	0.1 g	1 g
Phenylalanine	0.2 g	2 g
Proline	1 g	10 g
Serine	0.3 g	3 g
Threonine	0.2 g	2 g
Tyrosine	0.1 g	1 g
Valine	0.2 g	2 g

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

### Directions for use:

Take 1 heaping tablespoon (10 g) in 1 glass of juice or tea. Mix and drink it. Drink plenty of fluid afterwards.

It is recommended to take gelatin "extra Gold" regularly over a period of at least 6 months.

Store in a dry place below 25°C. Protect from light.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of reach of children. The recommended daily dose should not be exceeded.

Made in Germany

### Contents 525 g

(= min. 52 portions à 10 g)

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