



Vitamin D3 2,000 I.U. Mono Tablets

Nutritional supplement

Useful information: Vitamin D is essential for many vital functions. Vitamin D3, the active form of the vitamin in the body, plays amongst other things an important role in achieving solid, sturdy bones and teeth, a strong immune system and healthy muscle functions. The body can produce vitamin D3 itself through the sun's rays, which is why it is also referred to as the "sun vitamin". In particular adolescents and the elderly can suffer a vitamin D3 deficiency, generally in the winter months, but also due to our modern lifestyles, which is why a nutritional supplement is recommended.

Each tablet contains 50 µg vitamin D3 corresponding with 2,000 I.U.

Ingredients: Bulking agent Microcrystalline Cellulose, Vitamin D3, separating agents Magnesium Stearate and Silicon Dioxide.

	per tablet (=daily dose)	% of NRV recommended daily dose*	per 100 g tablets
Vitamin D3	50 µg	1000	20 mg

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

Recommended use: Swallow 1 capsule daily with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 150 tablets = 37 g

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