



## Arginine Capsules 500 mg

Food supplement

### Good to know:

Arginine is one of the 20 amino acids that are involved in the formation of proteins. From the point of view of a nutritional scientist, today arginine is recognized as an essential and therefore an indispensable amino acid. In addition, the vitamins B6, B12 and folic acid have a supportive effect. Thus, the vitamins B6 and B12 contribute to the formation of red blood cells. Folic acid and vitamin B12 contribute to normal homocysteine metabolism.

### Ingredients:

L-arginine (77 %), Gelatine, filler Calcium Carbonate, anti-caking agent Magnesium Stearate, filler Corn Starch, Vitamin B6 Hydrochloride, Folic Acid, Vitamin B12.

Each capsule contains 500 mg of pure L-arginine.

### Recommended use:

Take 1 capsule daily with sufficient liquid. If you take medicine influencing blood coagulation please consult your doctor before using Arginine Capsules 500 mg.



	per capsule	per daily dose (=2 capsules)	% of recommended daily dose according to NRV*	per 100 g capsules
L-Arginine	500 mg	1000 mg	**	77 g
Vitamin B6	1 mg	2 mg	143	0.2 g
Folic acid	100 µg	200 µg	100	15 mg
Vitamin B12	1 µg	2 µg	80	0.2 mg

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* No reference value has yet been established

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of little children. Do not exceed the recommended daily dose.

### Contents 150 capsules = 95 g

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