



Beauty-Capsules

Dietary supplement with evening primrose oil, vitamins and millet extract

Good to know:

Unpure skin, blunt hair and brittle nails can be consequences of a lack of nourishment of specific nutrients. Beauty Capsules were specially developed under this aspect. They contain high-quality evening primrose oil, millet extract and biotin, which plays an important role in the preservation of a normal, healthy skin and thick, strong hair. Also the vitamins B1, B2, B6, B12, niacin, calcium-D-pantothenate, folic acid, vitamin C and E as well as carotenoids support your natural beauty that comes from within.

Ingredients: Evening Primrose Oil, Gelatin, humectant Glycerin, Vitamin C, Millet Extract, Niacin, Vitamin E, filler Sunflower Oil, Olive Oil; thickening agent Silicon Dioxide, Calcium-D-Pantothenate, emulsifier *Soya Lecithin*, Carotinoids, Vitamin B6-Hydrochloride, Vitamin B1-Mononitrate, Vitamin B2, colorant Iron Oxide, antioxidant Tocopherol rich extracts of natural origin, Folic Acid, Biotin, Vitamin B12.

	per capsule	per daily dose (=2 capsules)	% of the recommended daily requirement according to NRV*	per 100 g capsules
Evening primrose oil	320 mg	640 mg	**	46 g
of which is fat	320 mg	640 mg	**	46 g
of which are saturated fatty acids	min. 14.4 mg	min. 28.8 mg	**	2 g
unsaturated fatty acids	min. 259.2 mg	min. 518.4 mg	**	38 g
of which are monounsaturated fatty acids	min. 19.2 mg	min. 38.4 mg	**	3 g
of which are polyunsaturated fatty acids	min. 240 mg	min. 480 mg	**	35 g
of which is Gamma-Linolenic acid	min. 28.8 mg	min. 57.6 mg	**	4 g
Vitamin B1	1.4 mg	2.8 mg	255	0.2 g
Vitamin B2	1.6 mg	3.2 mg	229	0.2 g
Vitamin B6	2.0 mg	4.0 mg	286	0.3 g
Niacin	18.0 mg	36.0 mg	225	3 g
Pantothenic acid	5.6 mg	11.2 mg	187	0.8 g
Folic acid	200 µg	400 µg	200	29 mg
Vitamin B12	1.5 µg	3.0 µg	120	0.2 mg
Vitamin E (alpha-TE)	10 mg	20 mg	167	1 g
Vitamin C	60 mg	120 mg	150	9 g
Millet Extract	25 mg	50 mg	**	4 g
Carotenoids	1.5 mg	3 mg	**	0.2 g
Biotin	225 µg	450 µg	900	33 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

**No reference value has yet been established

Recommended use: Swallow 2 capsules daily with sufficient liquid. The regular use of Beauty Capsules over an extended period of time is recommended.

Keep out of direct sunlight. Store dry and not above 25°C. Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of small children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 200 capsules = 134 g

Art. No. 60296 Eti0120