



Borage Capsules

Food supplement
with the valuable gamma linoleic acid

Good to know:

A high-quality food supplement with biological active, polyunsaturated fatty acids. Borage oil distinguishes itself through its content of gamma linoleic acid.

Each capsule contains 500 mg of pure borage oil with approx. 20 % of gamma linoleic acid (100 mg per capsule)!

Ingredients:

Borage seed oil (73 %), gelatine, humectant glycerin, vitamin E, filler sunflower oil, antioxidant Tocopherol-rich extracts of natural origin.

	per capsule	per daily dose (=6 capsules)	% of the recommended daily intake acc. NRV*	per 100 g capsules
borage seed oil	500 mg	3000 mg	**	73 g
of which is fat	500 mg	3000 mg	–	73 g
of which is saturated fatty acids	74 mg	444 mg	–	11 g
unstaured fatty acids	426 mg	2556 mg	–	62 g
monounsaturated fatty acids	126 mg	756 mg	–	18 g
polysaturated fatty acids	300 mg	1800 mg	–	44 g
Of which is gamma linoleic acid	100 mg	600 mg	–	15 g
vitamin E (alpha-TE) natural	5 mg (7 I.U.)	30 mg	250	726 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended daily dosage:

Take 3-6 capsules daily with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25 °C.

Dietary supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of small children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 180 capsules = 120 g

Art. No. 1804

Eti0421