



## Broccoli Glucosinolate Capsules

Nutritional supplement with selenium

### Interesting facts:

Glucosinolates are secondary plant substances that are primarily contained in vegetable species of the family of cruciferous plants (Brassicaceae), such as broccoli and horseradish. The glucosinolates contained in the plant play an important role in the interaction with the environment. The essential trace element selenium plays an important role in maintaining a healthy and active immune system and protects cells from oxidative stress.

Each capsule contains 100 mg of broccoli concentrate and 350 mg of horseradish root extract with 28 mg of glucosinolates and 30 µg selenium.

**Ingredients:** Horseradish root extract (57%), Broccoli Concentrate (16%), Hydroxypropylmethylcellulose, fillers Maltodextrin, Microcrystalline Cellulose; Magnesium Stearate, Silicon dioxide; Sodium Selenite.

	per capsule	per daily dose (=2 capsules)	% of the recommended daily requirement NRV*
Broccoli concentrate	100 mg	200 mg	**
Horseradish root extract	350 mg	700 mg	**
therein contained glucosinolates	28 mg	56 mg	**
selenium	30 µg	60 µg	109

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* No reference value has yet been established

**Directions for use:** Take 1 capsule, 1-2 times daily. The capsules should be swallowed whole with sufficient liquid.

Store protected from sunlight, dry and below 25°C. Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

**Contents 60 capsules = 35 g**

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