



## Organic Sea Buckthorn Juice

**Fruit juice content 100%**

**Not-from-concentrate juice (NFC), unsweetened, from organic farming**

### Interesting facts:

The berries of sea buckthorn are among the most content-rich local fruits. That the sea buckthorn is called the "Lemon of the North" may be explained on the one hand on the distinctive tart taste of the berries, on the other hand on its exceptionally high content of vitamin C that exceeds that of citrus fruits many times over. The pulp of sea buckthorn berries contain a valuable oil that is among other things rich in carotenoids and polyunsaturated fatty acids.

By the careful production of our Sea buckthorn Juice, all valuable components of the whole fruit are ground. Thereby the fruit's vitamins, minerals, fiber and fruit acids obtained in an ideal way.

No added sugar and preservatives. 100 % NFC-juice from biological cultivation.



Average Nutritional values per 100 ml:		
calorific content		342 kJ/82 kcal
fat		3,7 g
- of which saturated fatty acids		1,3 g
carbohydrates		8,0 g
- of which sugar contained in the fruits		0,2 g
fiber		2,1 g
protein		1,1 g
salt		0,02 g
Vitamin C	75 %*	59,6 mg

\*% of the daily intake according to NRV (= Nutrient reference value) according to VO (EU) No. 1169/2011

### Recommended dose:

We recommend a daily fluid intake of 50-100 ml - either pure, or as desired diluted or sweetened.  
A wonderful addition to delicious desserts, yogurt, cereal, cocktails, etc.

Organic Sea Buckthorn Juice is a natural product. Variations in appearance, colour and taste are natural and do not indicate a loss of quality.

Once opened, keep refrigerated and consume within 3 weeks. Shake well before use.



DE-EKO-001  
EU agriculture

**Content 1000 ml**

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