



Vitamin D3 1,000 I.U. Mono-Tablets

Nutritional supplement with vitamin D3

Useful information:

Vitamin D is essential for many vital functions. Vitamin D3, the active form of the vitamin in the body, plays an important role in achieving strong bones and teeth, a vital immune system and healthy muscle functions. The body can produce vitamin D3 itself through the sun's rays, which is why it is also referred to as the "sun vitamin". Young people and older people can suffer a vitamin D3 deficiency, generally in the winter months, but also due to our modern lifestyles, which is why a nutritional supplement is recommended.

Each capsule contains 25 µg vitamin D3 corresponding with 1,000 I.U.

	per tablet (=daily dose)	% of recommended daily amount according to NRV*	per 100 g tablets
Vitamin D3	25 µg	500	10 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Ingredients: Microcrystalline Cellulose (bulking agent), Vitamin D3, Magnesium Stearate, Silicon Dioxide (separating agent).

Recommended dose: swallow 1 tablet per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 250 tablets = 63 g

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