



Immune Complex Capsules

Food supplement

containing B vitamins, iron, selenium, zinc, vitamin C and D3

Useful information:

Immune Complex Capsules contain a selected combination of vitamins and trace elements, whose importance for a healthy, active immune system has been confirmed by the European Food Safety Authority:

- Iron, selenium, zinc, folate, vitamin B6, vitamin B12, vitamin C and vitamin D3 all contribute to the normal functioning of the immune system.
- Folate, iron, niacin, pantothenic acid, vitamin B2, vitamin B12, vitamin B6 and vitamin C all help to reduce tiredness and exhaustion.

Ingredients: Microcrystalline cellulose, Iron(II)-Gluconate, Vitamin C, Gelatine, Zinc Gluconate, Selenium Yeast, Niacin, Calcium-D-Pantothenate, separating agent Magnesium Stearate, Vitamin D3, Vitamin B6 Hydrochloride, Vitamin B2, Folic Acid, Vitamin B12.

	per capsule (= daily dose)	% of NRV recommended daily dose*	per 100 g capsules
Iron	14 mg	100	2 g
Zinc	10 mg	100	2 g
Vitamin C	120 mg	150	19 g
Niacin	16 mg	100	3 g
Pantothenic acid	6 mg	100	1 g
Vitamin B6	1.4 mg	100	0.2 g
Vitamin B2	1.4 mg	100	0.2 g
Folic acid	200 µg	100	31 mg
Vitamin D3	(300 I.U.) 7.5 µg	150	1 mg
Selenium	55 µg	100	9 mg
Vitamin B12	5 µg	200	0.8 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Recommended use: Swallow 1 capsule each day with sufficient liquid at a mealtime.

Not recommended for children and young people under 17.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 90 capsules = 57 g

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