



Spirulina Powder

Vegan

Useful information:

An all natural product made from the blue-green micro-algae "spirulina platensis". The spirulina algae, also called blue-green algae, grows particularly well in alkaline salt water as well as in fresh waters with temperatures above 37 °C. It is characterised by its ability to selectively absorb nutrients from the water via its surface. Among other things, because of its high protein content, spirulina algae has long been valued as a high-quality food.

Recommended use: Stir 2 level teaspoons (approx. 4 g) daily into fluids such as water, juice or smoothies. Can also be eaten with muesli or other foods.

Average nutritional values	Per portion (= 4 g)	Per 100 g
Calorific content	55 kJ/ 13 kcal	1365 kJ/ 326 kcal
Fat	0.12 g	3 g
of which saturated fatty acids	0.08 g	2 g
Carbohydrates	0.7 g	18 g
of which sugars	0.12 g	3 g
Protein	2.0 g	56 g
Salt	0.1 g	2.6 g

Ingredients: 100 % spirulina algae powder (Spirulina platensis).

Contains 300 g

Close properly and store in a cool, dry place.

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