



Organic Coconut Blossom Sugar

Left in its natural state, unrefined
Low glycemic index

Organic Coconut Blossom Sugar is traditionally made from the sweet blossom nectar of the coconut palm (*Coco nucifera*). The result is a natural, golden shimmering crystalline sugar with a subtle sweetness and a light caramel aroma. Discover this unbeatably delicious taste experience! Another advantage: with its low glycemic index of 35, the blood sugar level increases slowly so that heavy blood sugar level fluctuations like with "normal" sugar can be avoided.

Organic coconut blossom sugar can be used like brown sugar or whole cane sugar in almost all sweet dishes and drinks.

Ingredients: 100 % organic Coconut Blossom Sugar from controlled organic cultivation.

Average nutritional values	per 100 g
Calorific content	1635 kJ/385 kcal
Fat	0.5 g
-of which saturated fatty acids	0 g
Carbohydrate	94 g
- of which sugars	89 g
Dietary fibres	2.5 g
Protein	1.2 g
Salt	0.5 g



DE-ÖKO-001
Non-EU agriculture

Close properly and store in a dry place.

Contents 1000 g

Art. No. 463

Fo0720