



## Olive Oil "Sierra Oliva"

Extra virgin olive oil  
(virgin extra)

### Extra virgin olive oil

Spanish olive oil of the highest quality grade "Virgen Extra", in English "extra virgin olive oil", directly from selected olives solely by mechanical means.

**Ingredients:** 100% Spanish extra virgin olive oil

First class quality – pressed directly from selected olives solely by mechanical means.

average nutritional values	per 100 g
calorific content	3.700 kJ / 900 kcal
fat	100 g
- of which are saturated fatty acids	12 g
- of which are monounsaturated fatty acids	80 g
- of which are polyunsaturated fatty acids	8 g
carbohydrates	0 g
- of which is sugar	0 g
fibre	0 g
protein	0 g
salt	0 g
vitamin E (alpha-TE)	30 mg*
vitamin A	300 µg**

\*corresponds to 250% of the recommended daily intake (NRV)

\*\*corresponds to 37.5 % of the recommended daily intake (NRV)

NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

### Contents 1 litre

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