



## Vitamin C Long-Release Tablets

Nutritional supplement with vitamin C

### Useful information:

Each vitamin C long-release tablet contains 300 mg vitamin C in a special tablet development. This slowly releases vitamin C and supplies the body with the optimum amount of vitamin C over a longer period to support the body's own natural defence. Daily consumption of a vitamin C long-release tablet reliably nourishes the body with the vital vitamin.

### Ingredients:

Microcrystalline Cellulose (bulking agent), Vitamin C, Hydroxypropylmethylcellulose (bulking agent), Magnesium Stearate, Silicon Dioxide (separating agents).

	<b>per tablet</b>	<b>% of NRV recommended daily dose*</b>	<b>per 100 g tablets</b>
Vitamin C	300 mg	375	36 g

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

Swallow 1 tablet daily with sufficient liquid before breakfast. This covers 375 percent of an adult or adolescent's daily requirement of vitamin C.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

### Contents 120 tablets = 97 g

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