



Lavender Nerve Capsules

Nutritional supplement
with lavender oil, passion flower, vitamin B6 and B12

Useful information:

Noise, hustle and bustle and performance pressure – the challenges of everyday life often create stress and can lead to nervousness, tension and fatigue. Many find it difficult to switch off and find calmness. Vitamins B6 and B12 have proven to make an important contribution towards the normal function of the nervous system, the psyche and the energy metabolism. The pleasantly fragrant of real lavender (*Lavandula angustifolia*) contains substances to support of sense of well-being and contribute towards calmness and relaxation. We have added an extract of passion flower, native to the heart of South America and not only appreciated because of its exceptional beauty.

Ingredients: Sunflower Oil (bulking agent), Gelatin, Passion Flower (extract) (10:1) (14 %), Glycerin (humectant), Lavender Oil (1,4 %), Maltodextrin (bulking agent), Silicon Dioxide (thickening agent), Vitamin-B6-Hydrochloride, **Soya Lecithin** (emulsifier), Vitamin B12.

Each capsule contains 100 mg Passion Flower Extract (10:1), 10 mg Lavender Oil, 2.1 mg Vitamin B6 and 3.75 µg Vitamin B12.

	per capsule	per 2 capsules (= daily dose)	% of NRV recommended daily dose*	per 100 g capsules
Passion flower extract (10:1)	100 mg	200 mg	**	14 g
Lavender oil	10 mg	20 mg	**	1.4 g
Vitamin B6	2.1 mg	4.2 mg	300	0.3 g
Vitamin B12	3.75 µg	7.5 µg	300	0.5 mg

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

** no reference value available yet

Recommended dose: swallow 1-2 capsules per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 120 capsules = 84 g

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