



Soya Calcium Capsules

Nutritional supplement
with soya isoflavones, calcium and biotin

Useful information:

To supplement the daily diet with calcium, biotin and valuable isoflavones from soybeans. Especially during and after the menopause, secondary plant compounds such as isoflavones promote women's well-being and metabolic balance. Calcium is required for maintaining healthy, normal bones. Biotin is important for healthy skin and hair and contributes towards the normal function of various metabolism processes as a component of various enzymes.

Ingredients:

Calcium Carbonate, **Soya Extract** (17 %), Gelatine, bulking agents Microcrystalline Cellulose, Maize Starch; separating agent Magnesium Stearate, Biotin.

	per capsule (=daily dose)	% of NRV recommended daily dose*
Calcium	155 mg	19
Biotin	200 µg	400
Soya extract	125 mg	**
of which Soya Isoflavones	50 mg	**

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

** no reference value available yet

Recommended dose: swallow 1 capsule per day with sufficient liquid.

Administration advice: 10 months of consumption, 3 month break.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 120 capsules = 89 g

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