



Stinging nettle Plus Herb Tablets

Nutritional Supplement with vitamin C
vegan

Good to know:

Water accumulations in the body often cause strain on the connective tissue. Therefore, the excretory function of the kidneys should be stimulated from time to time. In particular the substances present in nettle, but also in the horsetail and in the leaves of the birch have traditionally been known to have a natural diuretic effect on the body. Vitamin C contributes to a normal collagen formation for the function of blood vessels and an active, healthy immune system.

Each tablet contains 200 mg of nettle leaves powder, 100 mg Horsetail herb powder, 100 mg birch leaf powder, 10 mg of vitamin C.

Ingredients:

Filler Microcrystalline Cellulose, Stinging Nettle Leaves Powder (29 %), Horsetail (*Equisetum arvense*) Herb Powder, Birch Leaf Powder, Vitamin C, separating agents Magnesium Stearate and Silicon Dioxide.

	per tablet	per daily dose (=6 tablets)	% of the recommended daily requirement (NRV)*
stinging nettle leaves powder	200 mg	1200 mg	**
horsetail herb powder	100 mg	600 mg	**
birch leaves powder	100 mg	600 mg	**
Vitamin C	10 mg	60 mg	75

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established.

Recommended use:

Take two tablets 3 times with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C. Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 300 tablets = 202 g

Art. No. 1829

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